

INFORMATION FOR GUESTS

WHAT EXACTLY IS THIS SHOW?

Everyday Orthodox is a live call-in show on Ancient Faith Radio. We get together Sunday evenings at 7pm Eastern, to get to know ordinary Orthodox Christians.

We want to talk to everyone — from the movers and shakers to the prosphora bakers. We all have a story to tell, whether we know it or not! Each person is unique. We come from different places and take different paths. This show is about getting to know each other, and connecting the members of the Body of Christ across jurisdictional and regional lines the old fashioned way: through conversation!

Visit our archives to listen to a few past episodes: ancientfaith.com/podcasts/everydayorthodox



Send us:

YOUR BIO

Just a few (2-3) short sentences to let our audience know who they'll be meeting.

YOUR PHOTO

A close-up or headshot, formal or candid. Please send the largest and highest resolution files you have.

A PHONE NUMBER

Our producers need a number where they can reach you in case of technical difficulties during the show.

EMAIL TO

elissa@ everydayorthodox.org

What will we discuss?

THE CONVERSATION ITSELF

We'll begin with questions like, "Where were you born? Where did you grow up? What were you like as a kid?" and then we'll follow your lead. We'll be asking questions based on the information you're giving. This allows you to control the focus of the interview. If there is a topic you'd like to keep off limits, just let us know and we'll avoid it -- or if there's something you want to make sure we cover, tell us that too!



Generally speaking, guests talk about their family (if you have any great stories about grandparents or parents, funny uncles and the like, we'd love to hear them...) and their childhood, and then we move into how their adult life unfolded. In most cases, we'll talk about whether we grew up in the Church (and how that went) or how we found Orthodoxy, but the conversation is really about you and your life. We want to get to know you!

Guests often tell us that they enjoyed contemplating and articulating their life story. We hope you will too! During the days leading up to your interview, think about how your life unfolded and how you arrived where you are now.

After the show airs on Sunday night, it will be available in our archives. You can access it at ancientfaith.com/podcasts/everydayorthodox

Are Sundays difficult? We can record on another day.

We do occasionally air pre-recorded episodes, so we can work around your schedule or time zone issues.
For instance, we could record on a weekday afternoon.





HOW YOU'LL CONNECT

REQUIRES A PHONE OR COMPUTER, WITH HEADPHONES & MICROPHONE

Option 1: If you have a smartphone, and headphones with a microphone, this is the best option for connecting with us. Just download the Comrex OPAL Connect app. (Please make sure you stay on the OPAL app for the duration of the show. If you switch to another app, your connection to us may drop!)

Option 2: If you have a laptop or desktop computer with headphones that have a microphone (NOT the microphone built in to your computer), this is the second-best option.

Last Option: If technology is failing you, we can always do it the old fashioned way: on the telephone! If you have headphones with a microphone for your phone, that works best. Just call in to the Ancient Eaith Studios at 219–714–7557.

If possible, please connect 10 minutes before the show begins, to confirm that everything is working well.

If you have any questions in advance, email us at elissa@everydayorthodox.org

If you have any questions or difficulties at the time of the show, call our studios directly at 219–714–7557.

AFR STUDIO LINE: 219-714-7557

TO DO:

WATCH YOUR EMAIL

The week before the show, our producers will email a link you can use to connect to the Ancient Faith Studios.

FIND A QUIET PLACE

An isolated room in your house or office with a door you can close is usually the best place. Let everyone know that you're live on the radio, and remember to turn off notifications and alarms.

TELL YOUR FRIENDS

Invite people to listen to your interview live at ancientfaith.com/radio/live and encourage them to call in with questions or comments during the show!

1-855-AFRADIO